

## Side Orders

Beer battered onion rings .....	£1.95
Yard fries.....	£1.95
Cajun fries.....	£1.95
Garlic bread .....	£1.95
Side order salad bowl .....	£1.95
Side order stir fry bowl.....	£1.95
Yard slaw.....	50p

## Yard puddings

<b>Chocolate truffle torte</b> Served with vanilla pod ice cream or fresh cream .....	£3.95
<b>Apple, gooseberry &amp; rhubarb pudding</b> Served with vanilla pod ice cream or fresh cream .....	£4.25
<b>Bara Brith tart</b> A traditional Welsh favourite served with Welsh honey ice cream or fresh cream.....	£3.95
<b>Pecan &amp; bourbon whisky pie</b> Served with butterscotch ice cream or fresh cream .....	£4.25
<b>Warm Belgian waffle</b> With maple syrup, roasted walnuts and vanilla pod ice cream .....	£3.95
<b>A selection of Mario's ice cream</b> Made in Wales from the finest cream and milk from selected Carmarthenshire farms.....	£2.95

**Welsh cheese sharing slate.....** £7.95

## Natures Goodness

All our chips are "Nature's Goodness" which are water blanched and then fried in high quality vegetable oil. This results in a chip with 50% less fat, 70% less saturated fat and 30% fewer calories than ordinary chips. All our fresh eggs are Freedom Food accredited.

Approximate weights shown are prior to cooking.  
Some products may contain nuts or nut oils.  
Fish and poultry dishes may contain bones.  
Dishes marked with a V are suitable for vegetarians.  
All items are subject to availability



## Breakfast

SERVED TILL 6PM

### Simple sausage or bacon butty

Served on white or malted bloomer with fresh grilled tomato ..... £3.65

### The breakfast butty

Bacon, sausage and free range egg ..... £3.95

### The veggie breakfast butty (V)

Glamorgan sausage, grilled tomato, free range egg and mushroom..... £3.95

### The Yard breaker

Grilled bacon, our own award winning sausages, flat mushroom, grilled fresh tomato, black pudding, fried free range eggs, toast and a mug of tea or coffee ..... £6.45

### Vegetarian Yard breaker (V)

Glamorgan sausages, potato rostis, free range eggs, flat mushroom, grilled fresh tomato, toast and a mug of tea or coffee ..... £6.45

### BUILD YOUR OWN YARD BREAKFAST

Simply select your 3 favourite breakfast items and we'll fill your Yard club sandwich or omelette to your liking. Choose from bacon, pork & leek or Glamorgan sausage, black pudding, grilled tomato, grated Collier's Welsh Cheddar, lean ham or a scrambled, fried or poached egg

**Yard breakfast club sandwich** ..... £4.95

**Two egg omelette** ..... £2.95

## Filled Breads

ALL OUR SANDWICHES ARE MADE FROM WHITE OR MALTED BLOOMER AND SERVED WITH YARD FRIES

### Cheese & chutney

Choose from Collier's Welsh Cheddar, Perl Las blue or organic Perl Wen, served with The Rev. James ale chutney ..... £5.25

### Welsh beef & horseradish

The traditional favourite ..... £5.95

### Welsh ham & poached egg

With Dijon mustard crème fraîche ..... £5.50

### Seared tuna steak

With watercress and citrus mayonnaise ..... £5.95

### Chicken Caesar

With baby gem lettuce ..... £5.75

### Celtic Pride rump steak

With caramelised red onions and served with red Welsh mustard ..... £6.95

### The Yard chicken and bacon club sandwich

Chargrilled chicken breast, bacon, salad and onion marmalade..... £7.25

## Yard “Stuffed & Baked” Potatoes

**Creamy button mushrooms** ..... £2.95

**Ham & Dijon crème fraîche**..... £3.50

**Roasted red pepper & Perl Las blue cheese**..... £3.75

**Gwendraeth Valley bacon & Collier's Welsh Cheddar** ..... £3.50

## Burgers

ALL SERVED IN A CRUSTY ROLL WITH YARD SLAW AND WITH EITHER A CAESAR OR HOUSE SALAD OR ALTERNATIVELY CRISPY FRIES

### The Yard classic burger

Prime Celtic Pride steak burger with Halen Môn sea salt hand crafted and served with cool tomato salsa ..... £6.45

**BBQ cheese & bacon burger** ..... £7.45

### Pork, sage & apple burger

With The Rev. James ale chutney ..... £6.75

### Lamb, garlic & rosemary burger

With minted crème fraîche ..... £6.95

**Venison steak & redcurrant burger** ..... £7.25

### Spicy chicken burger

Chicken breast coated in Cajun spices with sliced tomato and grilled mozzarella ..... £7.45

### Spinach & lentil burger

With tomato salsa ..... £6.45

### Yard platter of mini burgers

A platter of 8 mini burgers – steak & sea salt; lamb, garlic & rosemary; pork, sage & apple and Cajun chicken – served with Bloody Mary ketchup, mayonnaise and Yard fries ... £12.95

## Yard Salad Bowls

### Yard simple house salad

Cherry tomatoes, spring onions, watercress, rocket, roasted red peppers and green beans with house dressing ..... £2.95

### Classic Caesar

Served with or without anchovies ..... £2.95

### TOPPED SALAD BOWLS

**Peppered chicken** ..... £5.75

**Ham & Stilton** ..... £5.50

**Grilled tuna with poached egg** ..... £5.75

**Shetland salmon & whole king prawn** ..... £6.25

**Garlic mushroom & marinated grilled halloumi** ..... £5.45

If you would like low fat dressing just ask!

## Yard Stir Fries

### Yard signature

Broccoli, fennel, red onions, courgettes, red peppers, mushrooms and fresh tarragon

### Oriental noodle bowl

Noodles, red onions, yellow peppers, spring onions, beansprouts and sesame seeds

### Spicy chilli noodle bowl

Noodles with mixed peppers, shredded chillies and fresh coriander in toasted sesame oil

### TOPPED STIR FRIES

Our signature, oriental or spicy chilli noodles with your choice of topping ..... £5.99

### Chicken Teriyaki

### Whole king prawns

### Cajun chicken

### Salmon fillet marinated in black rice vinegar

### Marinated grilled halloumi

## Yard Fire & Stick Platters

SIZZLING MINI SKEWERS AND A LARGE BOWL OF CAJUN SPICED FRIES. SERVED WITH DIPS

A SELECTION OF 6 FOR £7.95 OR 12 FOR £13.95

### Beef Teriyaki

### Lamb, garlic & rosemary

### Chicken satay

### King prawn & chilli

### Marinated halloumi, mushroom & red pepper

### Mediterranean vegetables with pesto

## Yard Skewers

OUR SPECIALITY, SERVED WITH YOUR CHOICE OF EITHER A SALAD (CAESAR OR HOUSE) OR ANY STIR FRY PLUS FRIES OR JACKET

**Chicken breast steeped in lemon & tarragon** ..... £9.50

**Lamb with rosemary & garlic** ..... £9.95

**21 day matured Celtic Pride rump steak in Welsh honey & mustard** ..... £11.95

### Seafood

Tuna, salmon and king prawn marinated in lime, ginger, chilli and garlic ..... £10.95

**Mediterranean vegetables marinated in garlic & basil (V)** ..... £6.95

**Marinated halloumi with red peppers & sweet chilli dressing (V)** ..... £7.95

## Yard Mains

### Homemade Welsh Cawl with bread & cheeseboard

The traditional lamb and root vegetable stew served with a platter of fresh bread and a “taster” of some of the finest Welsh cheeses ..... £7.45

### Yard chunky beef chilli bowl

Spiced with cumin, oregano and ground coriander, topped with Collier's Welsh Cheddar and served with rice and tortilla chips ..... £7.95

### Pork loin topped with Collier's Welsh Cheddar rarebit

Served with fries or jacket and vegetables ..... £8.95

### Yard beef ribs in BBQ sauce

Served with fries or jacket and coleslaw ..... £10.95

### Chicken breast stuffed with Gwendraeth Valley bacon & Perl Wen cheese

Served with green vegetables, crispy fries or jacket and red wine sauce ..... £8.95

### Yard fish & chips

Hand battered and served with lemon, our own tartare sauce, mushy peas and fries ..... £7.25

### Carmarthenshire gammon steak

With fresh pineapple and free range eggs served with crispy fries or jacket ..... £8.95

## Celtic Pride Steaks

ALL OF OUR STEAKS ARE MATURED ON THE BONE FOR A MINIMUM OF 21 DAYS AND SERVED WITH GREEN VEGETABLES AND FRIES OR JACKET AND YOUR CHOICE OF SAUCE – BÉARNAISE OR PEPPER

**8oz Celtic Pride rump** ..... £11.95

**8oz Celtic Pride sirloin** ..... £13.95